



NORTH JERSEY

2018 Grand Prix



USATF NEW JERSEY

500 Point Event



ASKIN & HOOKER, LLC. ATTORNEYS AT LAW Lake Mohawk End of Summer Run

www.LaborDay5K.org

RUN/WALK Starts: 9:00 AM—Monday September 3, 2018 Pre-Race Packet Pickup: Sunday September 2, 2018 4-6 PM on the Boardwalk Chip-Timed Event

TROPHIES: TOP 3 MALE & FEMALE 5K 60 MEDALS FOR MALE/FEMALE: 7-12, 13-14, 15-19, then 10 YR AGE GROUPS 20 - 80+ Top Three Largest Team Awards—Strollers welcome, no pets please! 5K Participants receive SHORT SLEEVE T-Shirts (weather wicking) & GOODY BAG while supplies last

Start/Finish begins at the Rock Arch (next to the Boardwalk) Parking adjacent to Lake Mohawk Country Club—One Boardwalk, Sparta, NJ 07871

5K Run/Walk Registration Fees: \$30 Regular Registration (until August 24th) \$35 (through Race Day)—Late Registration begins at: 7:30 AM - 8:45 AM on Race Day \$25 Regular Registration per person - Team Rate (minimum 5 non-gender specific—August 24th) \$30 Late Registration per person - Team Rate (minimum 5 non-gender specific—After August 24th) \$3 discount for 2018 USATF-NJ Members by August 24th

Registration form fields: Age on Race Day, Birth date, Gender, Shirt Size, Last Name, First Name, Street, City, State, Zip, Phone, E-mail, 2018 USATF-NJ#, Corp Co-ed Team, Open Co-ed Team, 5K Run/Walk, Team Name

FOR RACE INFORMATION: Call Andy Ball 973-222-8748 Or Email Andy@mainstreeteventsnj.com For Online Registrations Visit www.LaborDay5K.org *Online Registration Closes Sunday September 2nd @ 12 noon

Checks payable to: Labor Day 5K, Attn: Askin & Hooker, LLC—200 Woodport Road - Suite A, Sparta, NJ 07871

Payment Enclosed: Cash _____ Check # _____

In consideration of your acceptance in the Askin & Hooker Labor Day 5K Run/Walk, I, the undersigned, intending to be legally bound, for myself, my heirs, executors and administration, waive and release any and all right and claims for damages, and hold harmless, any sponsoring organization (Township of Sparta, County of Sussex, Lake Mohawk Country Club, Lake Mohawk Preservation Foundation, Askin & Hooker, LLC Attorneys at Law, Main Street Marketing & Events, Main Street Events, Inc., RunSignUp.com, and co-sponsors, their representatives, successors, agents, servants or employees, and assignees for any and all injuries suffered by me in said run. I recognize that I must be in good health and of sufficient training and experience in order to participate, and state furthermore, that my ability to participate in and successfully compete in this event has been attested to by a qualified physician or certified fitness consultant. I hereby grant permission to the Askin & Hooker Labor Day 5K to use photos that may include myself for promotion and publicity, and understand that if the Run cannot be held due to an act of God or circumstances beyond control, the Race is not liable to refund any money paid by me to participate. With my signature, I acknowledge that I have read and accept these terms under which my entry is made

Signature _____ Date: _____ Bib # _____ Parent/Guardian for Child under 18 years old