

  
 >>> **LABOR DAY** >>>  
**5K**  
 Lake Mohawk  
 PRESERVATION FOUNDATION  
 End of Summer Run

**ALL MARKS ARE GIVEN RELATIVE TO THE RUNNING DIRECTION**

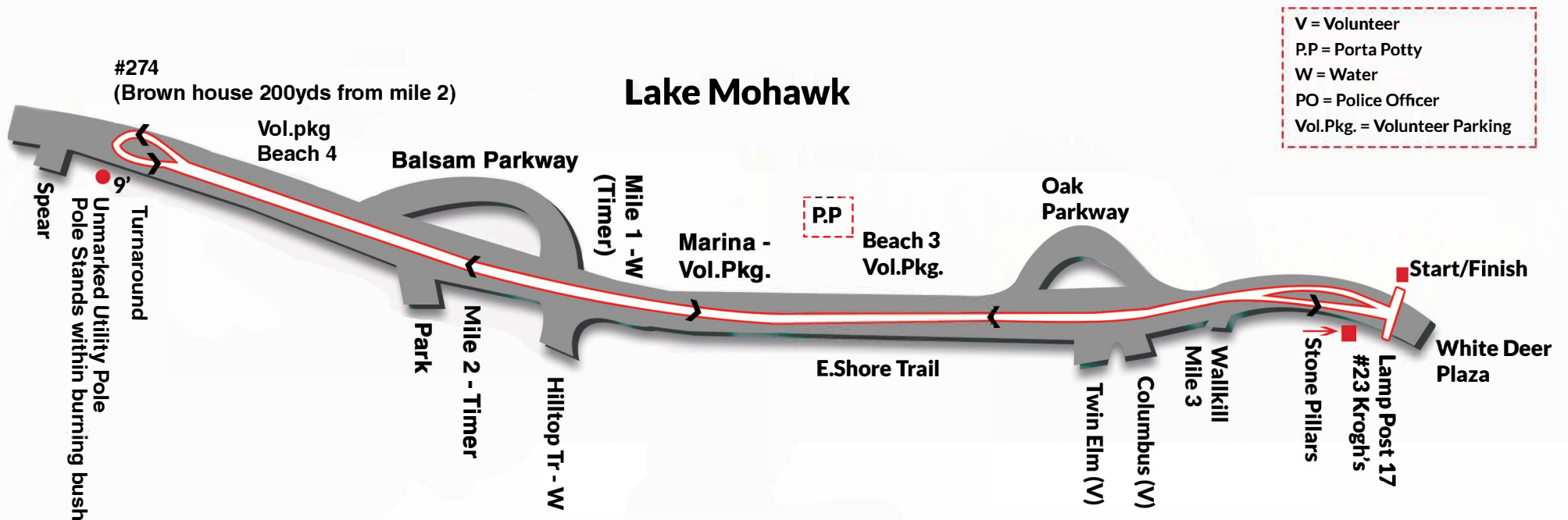
**Start/Finish:** On White Deer Plaza, at lamp post 17 on east side of road, just north of building #23 (Krogh's Restaurant) on east side of road.

**Mile 1:** On East Shore Trail, before Balsam Parkway, 5 feet past utility pole 45 on left and in front of house # 172 on right.

Turnaround: On East Shore trail, 9 feet before unmarked utility pole in bushes on left and at southern edge of garage door to house #274 on right.

**Mile 2:** On East Shore Trail, between Balsam and Park, 27.5 feet before utility pole NJ2333ST on left and in front of house #193 on right.

**Mile 3:** On East Shore Trail, before Wallkill Rd., at trailing edge of house #18 on left; 65.5 feet past (north of) utility pole 5 and 45.6 feet before (south of) utility pole 4 on right.



Sparta, NJ 07871

Measured by Jone H.Parks  
00/00/2016

